



Bikes Not Bombs Spoke & Word, August 2021: Volunteers and Riders needed at the Bike-A-Thon!

SPOKE -&-WORD

*Bikes Not Bombs
August 2021*

**34th Annual Bike-A-Thon:
Less than Two Weeks to Go!**

#BAT2021 **34th ANNUAL BIKE-A-THON**
A bike ride for social change

Sunday
Sep. 12th, 2021
Rain Date, September 26th

BIKES NOT BOMBS

Volunteers and Riders Needed at BNB's 34th Annual Bike-A-Thon:

We invite you to join BNB at the 34th Annual Bike-A-Thon on Sunday, September 12th and be a part of one of the longest-running and beloved Boston community bike events. Ride an exquisite 10, 30, 50, or 100-mile route or volunteer at the Jamaica Plain field or at one of our six rest stops located across Greater Boston — then join our after-party with great food and music. The proceeds from this incredibly fun and rewarding event support BNB's local programs and international partnerships.

[Register to Ride](#)

[Register to Volunteer](#)



Bikes Not Bombs Youth Apprentice Garland rides with Executive Director Elijah Evans during a 62-mile training ride on Sunday, August 29th

Second-year Youth Apprentice, Garland, completed a 62-mile training ride with Bikes Not Bombs on Sunday, August 29th.

Garland says, "My goal is to raise money and challenge myself on the 100-mile ride. My suggestion for completing a long ride is to go easy in the beginning and if you want to go fast, wait for the rolling hills and try to keep your momentum."

Bikes Not Bombs [34th Annual Bike-A-Thon](#)

10

DAYS

20

HOURS

38

MINUTES

33

SECONDS

Powered by MotionMail ©

[Register/Volunteer for our Bike-A-Thon Today!](#)

We would like to thank the following organizations for their support of the 2021 Bike-A-Thon:

Silver Saddle level sponsors:

Breakstone, White & Gluck

Massachusetts Personal Injury and Malpractice Lawyers



Bronze Brake level sponsors:



Programs Update:

Now Accepting Applications for [Fall 2021 Bike School](#)

We are now [accepting applications](#) for **Fall 2021 Bike School**! The programs we are enrolling for are Bike Institute and Sisters In Action. For any questions regarding Bike School programs or enrollment, please contact Tess Stogner, Bike School Coordinator at tess@bikesnotbombs.org.



Summer 2021 Bike Institute and On-The-Bike graduates posing with their new lights and locks (courtesy of [Kryptonite](#))



Youth Apprentices celebrate the end of summer with BNB staff and board

New From the Bike Shop:

NiteRider



It's that time of year again when the days start to shorten and riding after dark seems inevitable. While we suggest equipping your bicycle with "daytime running lights" for some added protection against distracted drivers, we strongly suggest quality lights to keep you safe in the dark.

We carry a great selection of [NiteRider lights](#) that not only increase your visibility, but illuminate the road ahead when it gets dark. We have both combo packs and single lights in stock. Come down to the shop today to see the latest models!

Riding in the Bike-A-Thon?

Come get your bike tuned up before the big day! Riding a well tuned bike is much more enjoyable. Stop by or give us a call at (617) 522-0222 to inquire about our tune up packages.

Vintage Gear -- Shop Online!

We post new refurbished bikes to our [online shop](#) a few times per week. We also have a great selection of [vintage parts](#).



First generation (1963)
Campagnolo Record Rear
Derailleur

**Donor of the Month:
Sindi Keesan and Jim Deigert**



Jim Deigert (left) and Sindi Keesan (right) with part of their bike collection

Our donors of the month are Cynthia Keesan and Jim Deigert of Ann Arbor, MI. Sindi has just divested from oil and gas stock she received from her mother in 1983, transferring the stock to Bikes Not Bombs (where we will quickly sell it). Sindi's connection to BNB dates back to the 1980s, when her second cousin, Harry Kublin, was a volunteer with BNB and told her about all that BNB was doing to recycle and repair bicycles, and support sustainable transportation globally and locally. She recalls that Harry "spent all his time helping people", and joined our mission to recycle bicycles and help people at the same time.

Sindi and Jim believe bikes are integral to building a sustainable future for our planet. Toward that end, they do not drive a car, but use their collection of eighteen bikes and two trailers to transport themselves and even building materials locally, between towns (back from Detroit) and on bike camping trips. They take their folding bikes on buses and trains.

Sindi and Jim also rescue perishable food left over from a local food pantry, that used to be dumped, recruit many people from many countries to help distribute it, and compost anything inedible. The food redistribution was originally by bike trailer. Sindi supports Bikes Not Bombs because we are aligned with her interests in the environment, transportation, low-impact living and getting the world to cooperate in reducing consumption. We are thrilled that Sindi has divested from her oil and gas stock, and that these funds will now fuel BNB's mission and programs.

Volunteer of the Month: Reina Matsumoto



Reina Matsumoto, August 2021 Volunteer of the Month

Reina Matsumoto is our Volunteer of the Month. Reina, a student at Tufts University, found her way to Bikes Not Bombs as a spring 2021 [Embodying Justice](#) fellow. Reina's fellowship officially ended in May 2021, but she felt compelled to work with us through the summer, dedicating seven months of hard work to Bikes Not Bombs! Reina has assisted with volunteer engagement, Bike-A-Thon planning, research, and much more. We are truly grateful to Reina for her passion and commitment to our mission!

Reina says, "I started working with Bikes Not Bombs in February through a fellowship that placed students with grassroots organizations fighting racial inequity in Boston. The internship allowed me to engage with a variety of projects remotely and learn about all of BNB's amazing programs. This summer, I mostly worked on the Bike-A-Thon (BAT), researching, prospecting, and making promotional materials. I have loved getting to know the kind and friendly staff at BNB, particularly the BAT team, while also getting to support the work that BNB does!"

Livestream Benefit Concert with Cellist Yo-Yo Ma:
in support of our partner, the [Greater Boston Physicians for Social Responsibility](#)



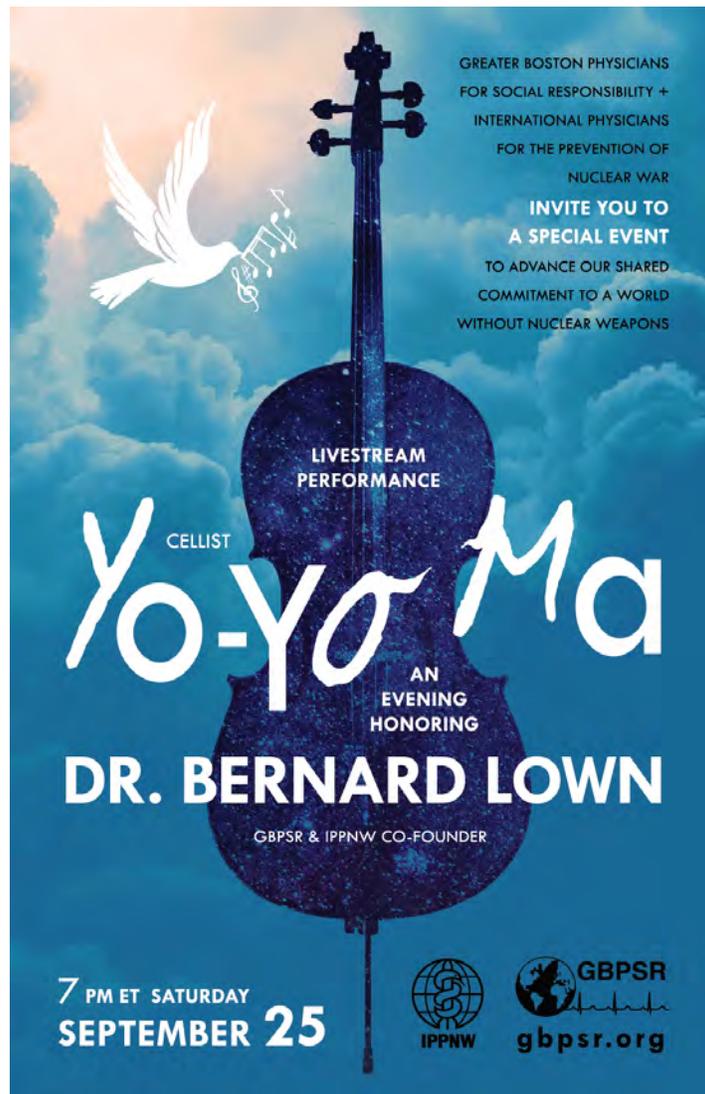
PLEASE SAVE THE DATE!

[REGISTER](#)

Our 2021 Annual Event on **September 25th at 7:00pm** will honor Nobel Peace Prize winner and co-founder of Greater Boston PSR and International Physicians for the Prevention of Nuclear War, Dr. Bernard Lown. We are delighted that cellist Yo-Yo Ma and a quartet from the Longwood Symphony Orchestra will be performing.



Your support is critical to our success and, while the event itself is free with registration and open to all, we hope you will consider a sponsorship if you are able. Anyone giving any amount is deemed a sponsor, and the amount categories are wide-ranging. Please see our [2021 Annual Event](#) page for the list of sponsorship/donation opportunities as well as more information about our honoree and musicians. This event is our only fundraiser for the year and funds raised sustain our ability to address what we consider the gravest existential threats to humanity: climate change and nuclear war.



Greater Boston Physicians for Social Responsibility and our sister organization, International Physicians for the Prevention of Nuclear War are again partnering in this endeavor; proceeds will be divided equally between the two groups. We would be honored to list you as a sponsor for what we hope will be a memorable evening. To see a list of our previous sponsors, please visit the "Events" tab on our [website](#).

With gratitude,

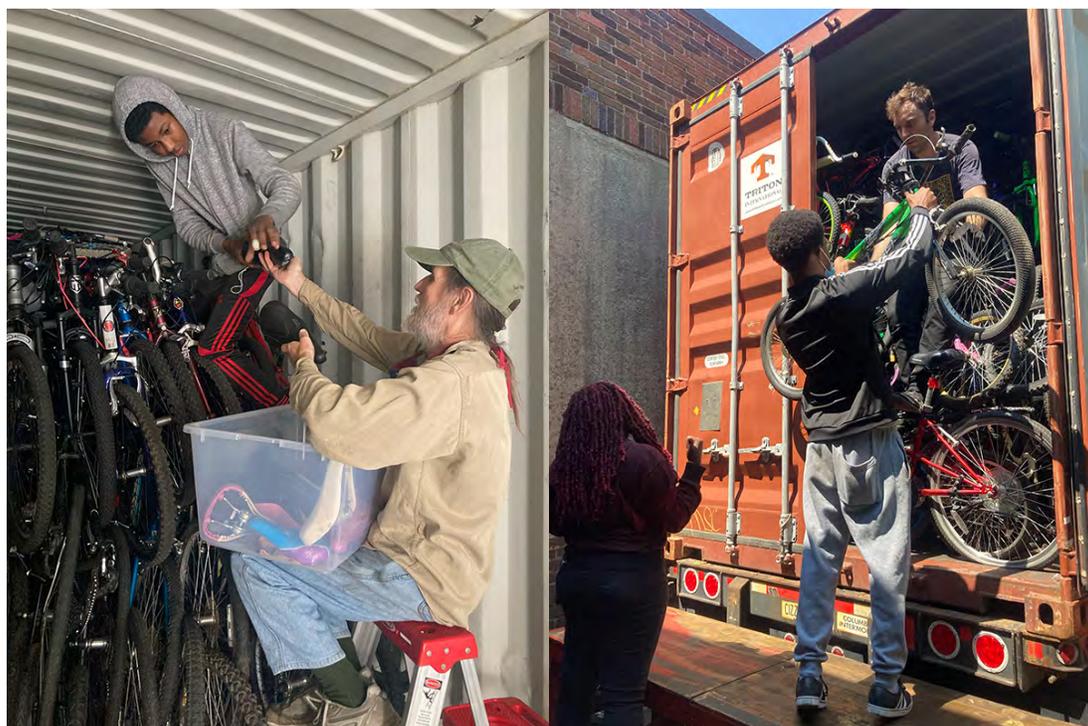


Anna Linakis Baker, MPH
Executive Director
Greater Boston Physicians for Social Responsibility
Facebook | Twitter | Instagram

DONATE TO THE EVENT

Recap: Container Loading to CESTA (El Salvador)

A container of 455 bicycles plus tools, parts, and other supplies is well on its way to CESTA in El Salvador! Thank you to our summer Youth Apprentice team and all of the generous volunteers who came out to make the container loading a success!



Save the Date: Ride for Black Lives IX



*From left to right: Youth Apprentices Joseph, Garland, Frank, and Dymari
at Ride for Black Lives VIII: Youth Leading The Way (August 21st, 2021)
Photo by Jose Barbosa*

The ninth edition of the **Ride for Black Lives** will be on Saturday, September 25th, 2021. Mark your calendars -- we look forward to riding with you in solidarity!

[Donate to Bikes Not Bombs](#)

Connect with us:



Our Contact Information
Bikes Not Bombs
284 Amory Street
Jamaica Plain, MA 02130
617.522.0222

Bike Shop & Training Center Hours:
Monday: Closed
Tuesday: 12pm - 7pm
Wednesday: 12pm - 7pm
Thursday: 12pm - 7pm
Friday: 12pm - 7pm

